

Nutritional Sciences

Individuals working in Nutritional Sciences work in the high-tech science of applying food and nutrition to health. Responsibilities include providing education and counseling about the connection between food, fitness, and health; managing food service operations; and delivering medical nutrition therapy.

Careers within this section include:

- **Dietetic Technician, Registered**
- **Nutritionist**
- **Registered Dietitian**

Dietetic Technician, Registered



To be a successful Dietetic Technician, Registered you should

- Have a desire to serve people
- Be a good communicator
- Have an interest in health care and nutrition
- Be able to follow instructions well
- Be a good planner and organizer



What would I do?

Dietetic Technicians, Registered (DTRs) work independently or in teams with a registered dietitian to help plan, implement, and assess nutritional programs and services. They screen patients to identify nutritional problems and help them plan meals. They are also responsible for some of the basic education for patients in the hospital.

Where would I work?

Dietetic Technicians, Registered work in hospitals, clinics, community health centers, school systems, nursing homes, and retirement centers.

What would I earn?

\$20,176–\$29,340

What do I need to know?

Dietetic Technicians, Registered complete a two-year associate's degree program, which includes both classroom and practical experience. Students must pass the registration examination for Dietetic Technicians to become a DTR.

What schools can I attend?

University of New Hampshire
Thompson School of Applied Science
64 Putnam Hall
Durham, NH 03824
(603) 862-1050
www.unh.edu

Please contact your guidance office or career counselor for more information.

Where can I find more information?

American Dietetic Association
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606-6995
(312) 899-0040 x5400
(800) 877-1600 x5400
www.eatright.org



Nutritionist



To be a successful Nutritionist you should

- **Have an understanding of food and nutrition**
- **Have good teaching skills**
- **Be good at communicating with people**
- **Be compassionate and understanding**

What would I do?

Nutritionists are responsible for educating people on healthy eating and ways to prevent chronic diseases—such as obesity, heart disease, high blood pressure, and diabetes—through a nutritious diet. Nutritionists help decrease malnutrition, promote health, and control disease. Most Nutritionists are registered dietitians with advanced education.

Where would I work?

Nutritionists work for international, federal, state, and local health agencies; schools; various sports programs; and food-related industries.

What would I earn?

\$21,170–\$35,280

What do I need to know?

Nutritionists obtain at least a bachelor's degree; master's degrees are required for advancement in the field.

What schools can I attend?

Keene State College
229 Main Street
Keene, NH 03435-2602
(603) 352-1909
(800) KSC-1909
www.keene.edu

University of New Hampshire
4 Garrison Avenue
Durham, NH 03824
(603) 862-1360
www.unh.edu

Please contact your guidance office or career counselor for more information.

Where can I find more information?

American Public Health Association
Food and Nutrition Section
800 I Street NW
Washington, DC 20001-3710
(202) 777-APHA
www.apha.org

American Society for Nutritional Sciences
9650 Rockville Pike, Suite 4500
Bethesda, MD 20814-3990
(301) 634-7050
www.asns.org

Society for Nutrition Education
9202 N. Meridian, Suite 200
Indianapolis, IN 46260
(800) 235-6690
www.sne.org

Registered Dietitian



To be a successful Registered Dietitian you should

- Be good at communicating with people
- Have an interest in health care and nutrition
- Be organized and detail oriented
- Be self-motivated and able to work independently
- Have an aptitude for science and math



What would I do?

Registered Dietitians (RDs) develop and implement medical nutrition therapy for hospital patients and other individuals who may be at risk of poor health. They counsel and teach individuals and groups about food, fitness, and health.

Where would I work?

Registered Dietitians may work as clinicians, administrators, educators, researchers, and private practitioners. They work in many different settings, including hospitals, businesses, research laboratories, health clubs, community health centers, universities, nursing homes, and private practice. RDs may specialize in management, community health, pediatrics, disease management, or research.

What would I earn?

\$28,500–\$47,500

What do I need to know?

Registered Dietitians must obtain a bachelor's degree in an academic program accredited by the Commission on Accreditation of the American Dietetic Association. RDs must complete a supervised internship and pass the national examination given by the Commission on Dietetic Registration (CDR).

What schools can I attend?

Keene State College
229 Main Street
Keene, NH 03435-2602
(603) 352-1909
(800) KSC-1909
www.keene.edu

University of New Hampshire
4 Garrison Avenue
Durham, NH 03824
(603) 862-1360
www.unh.edu

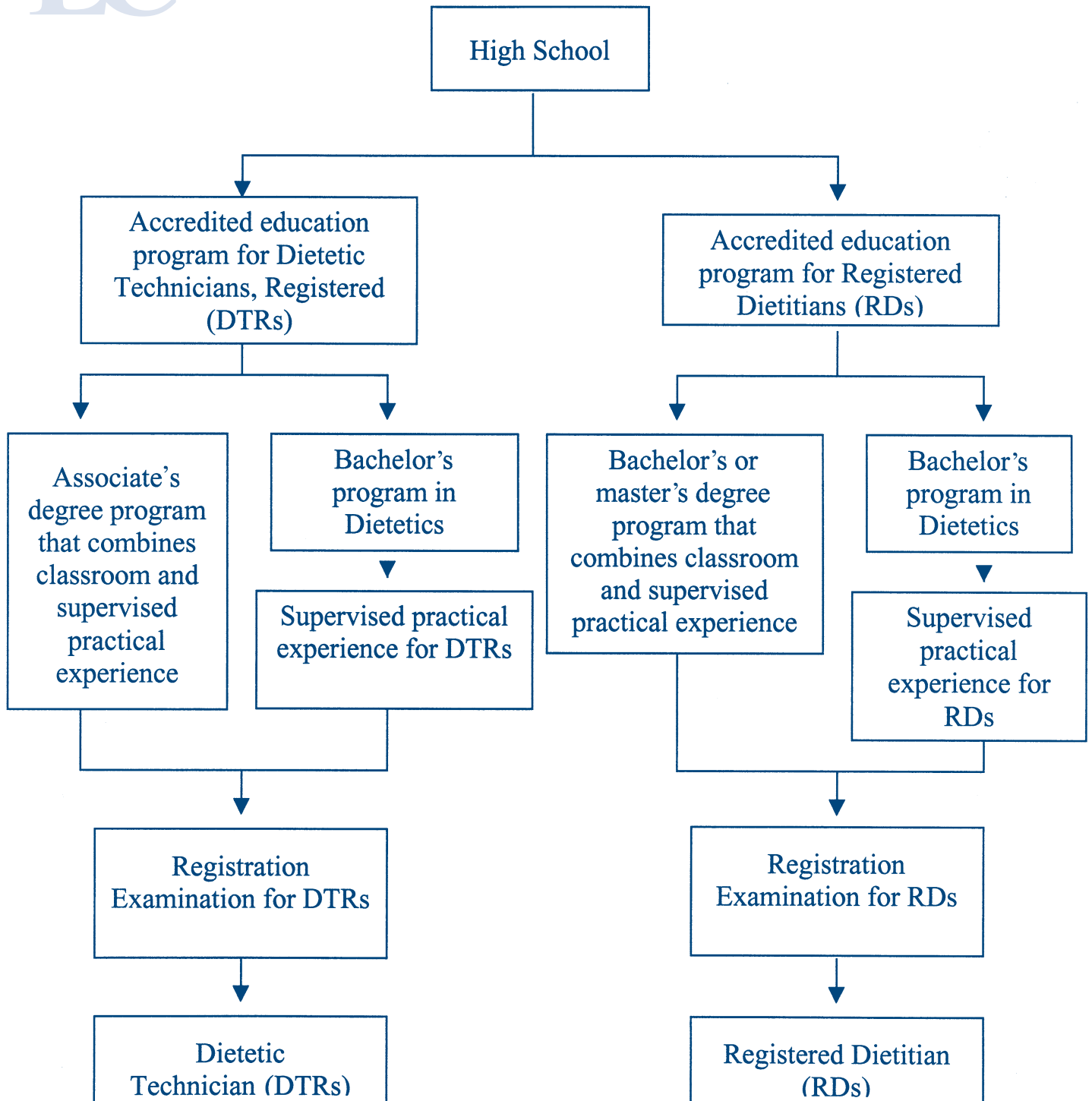
Please contact your guidance office or career counselor for more information.

Where can I find more information?

American Dietetic Association
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606-6995
(312) 899-0040 x5400
(800) 877-1600 x5400
www.eatright.org



Your Path to a Career in Dietetics*



* From the American Dietetic Association

120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995; (312) 899-0040;
www.eatright.org